

HUDSON VALLEY MARTIAL ARTS FESTIVAL



Bringing Martial Artists Together!

**August 7th, 2010
at Our Lady of Lords High School
8:30 a.m. - 5:00 p.m.**

SCHEDULE AND INSTUCTORS

TIME		
8:30 am	Arrive and check in. Start warming up to begin the day!	
9:00 am 11:00 am	Rotational Workshop #1 Utilizing the Hands: Explore way to use your hands from 2 different Martial Arts. Master D'Angelo, Sifu Porach,	Intensive Workshop #1 Lian Gong Techniques to help with Sport injuries and health related ailments. Lian Gong's Roots are in Chi Gong and Kung Fu Sifu Moretti
11:00 am 12:00 pm	Everyday Weapons Things you carry with you Sifu Miller	"So you may live in peace" Introduction to Krav Maga Rodriguez, Dammonn
12:00 pm 12:45 pm	LUNCH: BE BACK IN TIME FOR SESSION 2	
1:00 pm 3:00 pm	Rotational Workshop #2 Utilizing the Legs: Explore way to use your legs from 2 different Martial Arts. Sensei Burger, Sifu Miller,	Intensive Workshop # 2 Brazilian Jiu-jitsu Mike Wacker
3:00 pm 4:00 pm	Tenderizing the Body Learn to "Soften" your opponent Sensei Burger	OR
		Ambush and Multiple Attackers Recover and Dissolve attacks quickly. Master D'Angelo

Schedule and Instructor subject to change.

HUDSON VALLEY MARTIAL ARTS FESTIVAL

First:

Last:

Age:

Address:

City:

State:

Zip:

Phone: ()

School Name:

Style/System:

Rank: Beg / Int / Adv / Blk

Instructor's Name/Rank:

Event Fee: \$60.00

T-Shirt : Sm Med Lg XL XXL - \$15.00 ea
(circle size)

I, (Print full name) _____ the undersigned, do hereby release American Studio of Martial Arts, Scott Miller, Our Lady of Lourdes High School and all others associated with this event in any capacity, from any liabilities due to any and all injuries, etc. that may occur as a result of my attendance and/or participation at HVMAF held at Our Lady of Lourdes High School on August 7, 2010. Furthermore, I hereby permanently waive any compensation for the use of pictures, video, media coverage, etc., utilized by those associated with this event which may be used for profit making purposes or future publications. I clearly understand the contact aspect of the Martial Arts and abide by all of the rules associated with this event and assume all responsibility and any associated liability for infringement of rules. Additionally, I am fully aware of my personal medical condition and physical limitations and hereby certify that I am mentally and physically fit to participate at said event.

X _____
Signature of Participant

X _____
Parent or Guardian if under 18 years old

Make checks payable to: American Studio of Martial Arts
Mail registration to: 14 Creekside Place Pleasant Valley N.Y. 12569

Instructors

Master Tony Fox -

40+ years exp. Chinese Kenpo, President Chinese Kenpo Association. More Info Coming

Sifu Jim Moretti -

25+ years Training and teaching in the Martial Arts. Northern Style Praying Mantis Kung Fu, Chinese National Chi-Kung Institute(Lian Gong), and a Certified Personal Trainer.

Gil Rodriguez -

Certified Krav Maga, N.Y.S Trooper, More Info Coming

Chris Dammonn -

Krav Maga, More Info Coming

Mike Wacker -

BJJ Black Belt (Steve Kardian/Rob Kahn)

2004 ---1st Place NORTH AMERICAN GRAPPLING WORLD CHAMPIONSHIPS

2007 --- 1st place GRAPPLERS QUEST BEAST OF THE EAST

2007 --- Defeated Ronald lee via armbar in 1:32 of rd 1 in the Battle of Brooklyn to become Welterweight Submission Grappling Champion 2007

2008 --- Fought in the BJJ vs. Sambo competition, defeated Dmitry Polunov in :45 seconds of rd. 1 via rear naked choke.

Instructors

Sifu Scott Miller -

30+ years exp. Founder of American Jiao Shou, 1st Degree Black Belt in Shotokan, 1st Degree Black Belt Nokuharo Jui Jitsu, 3rd Degree Black Belt Tang Soo Do, 3rd Degree Black Belt Tae Kwon Do, In 2003 Sifu Miller was inducted into the Black Belt Hall of Fame "Kung Fu Instructor of the year". 2007, co-founded of the Independent Martial Arts Council. Director Hudson Valley Martial Arts Festival

Sensei Daniel Burger -

20+ years in the Martial Arts, Mr. Burger Holds a 3rd Degree Black Belt in North American Goju Ryu, 1st degree Black Belt In Aiki Jitsu & A Certified Systema (Russian Military Martial Arts) Instructor. Currently working as a corrections officer.

Master Chris D'Angelo -

20+ years in Martial Arts, has 3rd Degree Black Belt Kempo, a New York State Trooper, and teaches Defensive Tactics to recruits at the academy. Well recognized for his close courters defense.

Sifu Vinny Porach -

40 + in Martial Arts, Master Praying Mantis Kung Fu, 5th Degree Black Belt Chinese Kempo, 1st Degree Black Belt American Kempo. Outstanding Pressure Point application. Over the years Sifu has studied many different styles and systems.

Welcome to the Hudson Valley Martial Arts Festival.

The Hudson Valley Martial Arts Festival is a non-competitive events that brings together Top Notch, High Ranking Instructors from a variety of styles to teach techniques and ideas. To sum it up, HVMAF gives its participants the opportunity to try something new in the wonderful world of martial arts.

Open to all ranks and experience levels, HVMAF offers something for all. In fact, our idea is that all martial arts are similar in one way or another, a kick, a punch, a grab, a throw, etc. the way we get there may change a little, but we all train for a similar result.

Have a great time, meet new friend, and immerse yourself in the wonderful world of MARTIAL ARTS.

**WHERE: Our Lady of Lourdes High School
131 Boardman Road, Poughkeepsie, NY 12603**

**WHEN: August 7, 2010
8:30am to 5:00 pm
Please arrive about 15 minute early to check in.**

FEE: \$60.00 Event T- Shirts available for \$ 15.00ea

**Please make checks payable to American Studio of Martial Arts.
Mail to: 14 Creekside Place, Pleasant Valley, N.Y. 12569**

Any questions please call Sifu Miller @ 845-518-7001